

Beef Pocket Sandwiches

Brown 1 pound beef strips in oil. Add ½ cup onion rings, 2 tablespoons chopped parsley, ½ teaspoon salt, 1/8 teaspoon pepper and 1/8 teaspoon garlic powder; simmer until onions are tender. Cut 3 rounds of pita (Syrian-type) bread in half; open, spread with Miracle Whip Salad Dressing. Fill with meat mixture.

Mix 1 cup Miracle Whip, ¼ cup milk and ½ cup chopped tomato. Stir over low heat until warm. Spoon into sandwiches.

Ham And Cheese Pocket Sandwiches

Cut rounds or pita (Syrian-type) bread in half. Open, spread with Miracle Whip Salad Dressing, fill with boiled ham slices, shredded Swiss cheese and dill pickle slices. Bake at 350°F about 10 minutes.

Combine ¾ cup Miracle Whip, 2 tablespoons prepared mustard and ¼ cup milk. Stir slowly over low heat, until warm. Spoon into sandwiches. Makes one cup.